

## **Medic First Aid® Questions & Answers- July 8, 2020**

Not everyone can attend a zoom call so let me answer some questions you may have as we resume GWRRA MFA classes:

1. When scheduling classes please consider use of safety precautions. Use smaller classes if you need to and if you must accommodate many members hold several classes.
2. John Hopkins has a US map ([www.coronavirus.jhu.edu/us-map](http://www.coronavirus.jhu.edu/us-map)) which includes counties. It shows the county's number of virus cases. Using a county with fewer virus cases to set up a class would be another safe avenue to use (just a suggestion). Canada uses the Hopkins' World Map. Contact your fellow GWRRA Members to help you.
3. Students are responsible for their own hand sanitizer and mask(s).
4. Rescue breathes can be simulated (see page 3). Control of bleeding can be simulated by instructor rolling a towel up for demonstration purposes. Encourage students to practice at home.
5. Instruct the students to use of the disinfectant spray provided on all areas the student used in the bathroom. A light mist of bleach and water is an option that can be used. Hand washing is necessary (see page 2).
6. You will need to put together a list of things students are responsible for and/or how the class will be conducted and send to the student.
7. *Ask students to report any of these symptoms to please remain home. CDC list as follows: congestion, runny nose; nausea or vomiting, diarrhea, chills or shaking with chills, muscle pain, headaches, sore throat, or new loss of taste or smell.*
8. **For more suggestions see the GWRRA MFA Class Guidelines-July 8, 2020 Included on pages 2-3.**

## **GWRRA MFA CLASS GUIDELINES – July 8, 2020**

States, counties, and local communities have started to decrease restrictions making it possible for districts across the Association to begin adding events and activities to their calendar.

Because the health and safety of all Members continues to be our main concern, and the GWRRA MFA Program requires hands-on skills practice and evaluation for a student's certification, it is important we provide recommendations to consider when making the decisions related to resuming MFA classes in a particular district

### **PLANNING MFA CLASSES:**

**Schedule** smaller classes, more often. Consider the class space and equipment available such as manikins. The room should be well lit and ventilated.

**Advise** students to bring their own cloth face covering or mask, gloves, and hand sanitizer.

**Confirm** the masks, gloves, student books, cleaning and disinfecting supplies needed to conduct the class are available to the instructors prior to the class.

**Encourage** any student or instructor scheduled to participate to remain at home if feeling unwell. Work with these Members to reschedule.

### **IN THE CLASSROOM:**

**Verify** students have no signs of illness or fatigue and are not experiencing coughing or shortness of breath.

**Practice** social distancing with a minimum of six feet between instructors and students with no physical contact.

**Explain** the steps being taken in the classroom to protect the students and provide a healthy learning environment.

**Provide** facts from trusted sources and encourage the everyday practices and actions to slow the spread of infection. Avoid rumors and help stop them.

**Remind** Instructors and students should wear gloves during all skill practices

**Reinforce** hand hygiene: hand washing with soap and water for at least 20 seconds or the use of an alcohol-based hand sanitizer reminding students to avoid touching their eyes, nose, and mouth.

**Use** recommended supplies to clean and disinfect equipment and surfaces during the class.

## GWRRA MFA CLASS GUIDELINES-continued

**Primary assessments:** Responsive and unresponsive assessment exercises may be practiced on a manikin.

**Rescue Breaths:** May be simulated by students by correctly demonstrating how to place a CPR mask on a manikin, open the airway (head tilt, chin lift) and verbalize they would give two breaths, one second each and watch for the chest to rise. **NOTE: AED should be demonstrated by the Instructor ONLY for sanitation purposes.**

**Choking:** Students should verbalize their assessment and correct body placement and demonstrate of correct hand placement and abdominal thrusts on students on themselves.

**Bleeding:** Instructor will demonstrate with rolled towel and encourage students to practice at home referencing their student handbook.

### EXAMPLE OF CLASSROOM LAY OUT

